thumbnail.jpg

This image is a **post graduate certification diploma** from IFBB Official College, confirming that "M.CAROLYN&SELENA'S YOGA CLASS, CagLar Juan SingLetary" has successfully completed examinations related to **HIIT, Circuit, Functional, Cross & Hybrid Training Methods**.[1]

Certificate Details

- The certificate is issued by **IFBB Official College**.[1]
- The title of the certification focuses on **HIIT, Circuit, Functional, Cross & Hybrid Training Methods**.[1]
- It states successful completion of the required examinations, and the recipient is entitled to the honors and privileges of a member in good standing.[1]

Authorship and Verification

- Signed by Dr. Rafael Santonja (IFBB President) and Dr. Soledad Machareri (Course Director).[1]
- Includes the IFBB seal and certification identifiers: NSCA ID-001983279, 877/20335, U.S.A..[1]

Recipient Information

- The named recipient is "M.CAROLYN&SELENA'S YOGA CLASS, CagLar Juan SingLetary".[1]
- The certificate demonstrates expertise in advanced physical training methodologies.[1]

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1. thumbnail.jpg